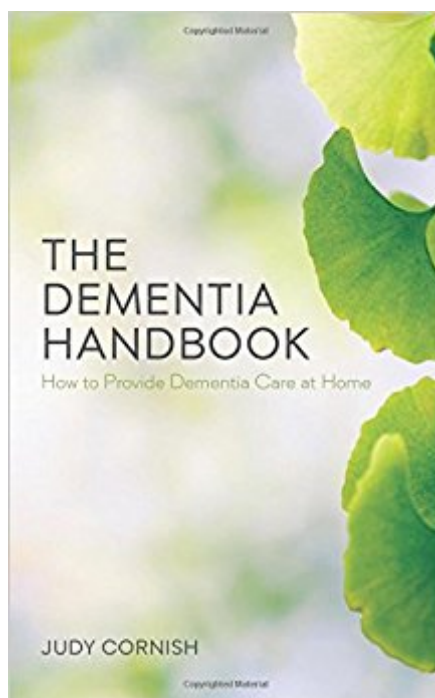


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# The Dementia Handbook: How To Provide Dementia Care At Home



## Synopsis

Providing dementia care is profoundly stressful for families and caregivers. People with dementia or Alzheimer's experience emotional distress, which leads to behavioral complications and the need for institutional care. However, if families and caregivers are able to identify the emotional needs caused by dementia and understand which skills are lost and which remain, they can lower the behavioral complications and their own stress. As the founder of the Dementia & Alzheimer's Wellbeing Network™ (DAWN), Judy Cornish approaches dementia care with clear and empathetic methods that not only improve the lives of the individuals with dementia but also of those caring for them. Dementia and Alzheimer's are very personal and individual experiences—they vary from person to person. However, Cornish has identified a pattern in the abilities and disabilities of people living with dementia. Based on her findings, Cornish was able to develop methods for caregivers to ease emotional distress, which can quickly and safely resolve behavioral complications. Though people with dementia lose a sense of self, they are still the same person you always loved. Judy Cornish understands this. The Dementia Handbook: How to Provide Dementia Care at Home is the supportive guide you've been looking for as you walk alongside your loved one on this difficult—but potentially rewarding new path.

## Book Information

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## Customer Reviews

Judy Cornish received her graduate degree from Lewis & Clark Law School in Oregon, where she

focused her studies on disability law, elder law, family law and mediation. An attorney now in Idaho, Cornish is a member of the National Academy of Elder Law Attorneys and the American Society on Aging. With previous experience working in mental health and vocational rehabilitation, Cornish brings a diverse background to her work with dementia and Alzheimer's patients. In 2010, Cornish founded the Dementia & Alzheimer's Wellbeing Network™ (DAWN) and developed a method of care that decreases stress in caregivers and helps provide sufferers with a sense of well-being. Cornish is passionate about enabling families to care for their loved ones at home. She currently works with families in Idaho and Eastern Washington, where she oversees care and provides training and consulting services with a handpicked staff certified in the DAWN Method.

I have nothing but good things to say about Judy Cornish. Judy has found a compassionate way to help Dementia sufferers to live with dignity and independence. She studies to have the latest information and understanding of dementia and how it should be handled. I hope that this helps more people find out about her methods for helping those living with dementia and Alzheimer's.

If you read only one book about Dementia this is the one to read! My wife has Dementia and Judy Cornish has faithfully, compassionately and effectively guided us both through the last two years. Judy has both the knowledge and experience needed to be of great and immediate help to those seeking clear and concise answers to the daily problems of Dementia. This book is a must read for those traveling the difficult and profound Dementia Journey!

Incredibly helpful for anyone who has a parent or spouse suffering from dementia or other related malady. This is a great guide and helps get one through all the incredibly difficult times.

I found the majority of this little book to be too technical and not very helpful for a caregiver. There are a few pages towards the end that addresses certain issues-traveling with a dementia person, communicating by telephone, etc. but overall, a waste of money.

I have enjoyed this book so much. I work with people who have dementia on a regular basis and truly appreciate the positive manner and approach that Ms. Cornish offered in her book and classes. I use these techniques often during my therapy sessions and come away with a sense of contentment from each interaction. I highly recommend this book for people and families in all

stages of the dementia process. It is a well written, easy to understand book with concepts that you can employ immediately.

I cannot stop buying this book! My personal copy has been given away four times and I bought copies for my independent 95 year old mother's home health nurse , her neighbor, her housekeeper and three potential future care givers! All joyful feedback ! The ease of Judy's process is so accessible that you start integrating it before you can get to Chapter Two.

I found this book very useful. I have a parent who is starting to show signs of dementia. I especially liked the real world examples that helped me to see how I could use these tools in my own situation.

This is a very thoughtful book and it has had an impact in our family. Things we didn't know about how to handle certain situations were discussed.

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